



## DELIGHTING IN THE TRINITY

A D V E N T 2 0 2 0

### **Expectant Delight**

Luke 1:26-47

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“The good news of Advent is not that we are faithful in our waiting (we often aren’t) but that God is faithful in His coming”

- Rich Villodas

“Advent is a time of devout and expectant delight.”

Delight is the remedy for our despair.

### **Luke 1:26-47**

In the sixth month of Elizabeth’s pregnancy, God sent the angel Gabriel to Nazareth, a town in Galilee, to a virgin pledged to be married to a man named Joseph, a descendant of David. The virgin’s name was

Mary. The angel went to her and said, "Greetings, you who are highly favored! The Lord is with you."

Mary was greatly troubled at his words and wondered what kind of greeting this might be. But the angel said to her, "Do not be afraid, Mary; you have found favor with God. You will conceive and give birth to a son, and you are to call him Jesus. He will be great and will be called the Son of the Most High. The Lord God will give him the throne of his father David, and he will reign over Jacob's descendants forever; his kingdom will never end."

"How will this be," Mary asked the angel, "since I am a virgin?" The angel answered, "The Holy Spirit will come on you, and the power of the Most High will overshadow you. So the holy one to be born will be called the Son of God. Even Elizabeth, your relative is going to have a child in her old age, and she who was said to be unable to conceive is in her sixth month. For no word from God will ever fail."

"I am the Lord's servant," Mary answered. "May your word to me be fulfilled." Then the angel left her. At that time Mary got ready and hurried to a town in the hill country of Judea, where she entered Zechariah's home and greeted Elizabeth. When Elizabeth heard Mary's greeting, the baby leaped in her womb, and Elizabeth was filled with the Holy Spirit. In a loud voice she exclaimed: "Blessed are you among women, and blessed is the child you will bear! But why am I so favored, that the mother of my Lord should come to me? As soon as the sound of your greeting reached my ears, the baby in my womb leaped for joy. Blessed is she who has believed that the Lord would fulfill his promises to her!" And Mary said: "My soul glorifies the Lord and my spirit rejoices in God my Savior."

The Vulnerability of Delight

“Joy is the most vulnerable emotion that we can experience.”

- Brene Brown

“Windows of beauty and awe so painfully tender and lovely that in the space of a millisecond, we unconsciously flash to terror and shut them down.”

- Brene Brown

Dress-rehearsing disappointment will smother your delight.

### **Luke 2:10-16**

But the angel said to them, “Do not be afraid. I bring you good news that will cause great joy for all the people. Today in the town of David a Savior has been born to you; he is the Messiah, the Lord. This will be a sign to you: You will find a baby wrapped in cloths and lying in a manger.” Suddenly a great company of the heavenly host appeared with the angel, praising God and saying, “Glory to God in the highest heaven, and on earth peace to those on whom his favor rests.” When the angels had left them and gone into heaven, the shepherds said to one another, “Let’s go to Bethlehem and see this thing that has happened, which the Lord has told us about.” So they hurried off and found Mary and Joseph, and the baby, who was lying in the manger.

The Simplicity of Delight

Perfectionism will sterilize your delight.

### **Zephaniah 3:17 (NKJV)**

The Lord your God in your midst,  
The Mighty One, will save;

He will rejoice over you with gladness,  
He will quiet you with His love,  
He will rejoice over you with singing.

### **Matthew 2:10-11**

When they saw the star, they were overjoyed. On coming to the house, they saw the child with his mother Mary, and they bowed down and worshiped him. Then they opened their treasures and presented him with gifts of gold, frankincense and myrrh.

The Proximity of Delight

A fragmented life will steal your delight.